



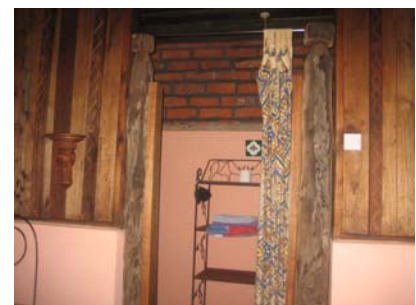
Mbahe Farm House Cottages



Mbahe Farm. The village of Mbahe sits at 6,200 feet in the foothills of Mount Kilimanjaro, nestled among the lush tropical forest that envelope the mountain. Simon Mtuy's Mbahe family farm consists of 15 acres of land on which his ancestors raised cattle and today is used as a small ecologically sustainable farm. A climate which allows for a year-round growing season, rich volcanic soil, and irrigation directly from the mountain streams makes it an ideal environment for farming. The completely organic farm produces coffee (processed and roasted on-site) and contains gardens of organic vegetables, bananas, and honey, which provide most of the ingredients in the fresh home-cooked meals. The farm maintains the atmosphere and welcoming feel of a Chagga family's private home.



Accommodations. The cottages on the Mbahe Farm consist of five semi-detached twin-bedded rooms, simply and tastefully decorated in Simon's own touch with hand-made furniture from local materials. Each room has its own bathroom with sink, toilet, and shower with hot water. Beds do not have mosquito nets because malaria is not a risk at this elevation. The rooms share porch space overlooking the farm's vegetable and flower garden and the forest above the Moonjo River, which runs through the property. There is also a stand-alone master cottage with a double bed, living room (used as an indoor meeting space for all guests), and full bath with tub. We have an outdoor shower for guests to enjoy, especially after a refreshing dip in the Moonjo River and waterfall, just steps from the cottages.



Summit Expeditions and Nomadic Experience

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Meals. Meal preparation is overseen by our head chef, Leonard from Zanzibar, who selects daily fresh fruits and vegetables from the farm and meat and fish from the local market. He and his staff produce an inspired mixture of international and local cuisine and can accommodate any dietary restrictions. Brewed coffee is fresh roasted on the farm. Meals are taken outside on the central lawn under a canvas tent or bathed in the warm glow of kerosene lanterns in the cozy dining room located adjacent to the farm house kitchen.



Activities. While at Mbahe you may take guided or self-directed walks through the village; visit the local primary school; take long hikes on the slopes of Kilimanjaro and into the national park; tour the Mtuy farm and learn about Chagga coffee farming techniques and the sophisticated irrigation system used on the mountain for over 100 years; bicycle on the footpaths and dirt roads along the mountain;

swim in the Moonjo River and waterfall; tour a traditional Chagga homestead and smithy; make the drive to Moshi to visit the main market and shopping district; or sit on your veranda with a cup of freshly brewed coffee and enjoy the sweeping views of the valley below.



The Mbahe Farm House is the perfect spot to relax before and after your adventure in Tanzania!



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